Scoping adigitalintervention in youth mental health support in Kenya for posCovidrecovery

Principal Investigator

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Co-Investigators

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Project inception.
Weekly meetings begin

Jan. 20th 2021

March

Survey implementationia TYC mailing list

Development of podcast 'SafeHaveh

March

Second pair of workshops with Groups 3 + 4

N10 (Recruited from survey)

+ N23 interns

May

February

Interns joined recruited + employed by TYC

Desk review

Survey design

April

First pair of workshops with Groups 1 + 2

N10 (Recruited from survey)

+ N23 interns

Publication of podcast 'SafeHaveh

21 May

Presentation of raw data to Centre of Reproductive Technologies and Health + Scientific Advisory Group

Suggested Kenyan Youth MH priorities

Sample characteristic (N = 223)	Ν	Valid %
Any mental health problem	100	44.84
Type of mental health problem		
Anxiety	65	29.15
Depression or other mood problem	71	32.23
Substance use disorde	3.59	
Eating disorder	26	11.66
Posttraumatic stress disorder	ſ	

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Workshop One

- Introduce and set up workshop two (co-creation event)
- Knowledge exchange

Workshop Two: Co-creation

Digital Cœreation Tools
1. Canva
2. Padlet
3. PollEverywhere

- Review of WHO MH resources
- Review of Nigerian MH podcast
- Vision for the future
- Parameter setting (WHO pyramid)
- Design options + ideas
- Breakout rooms for small group discussion (website design; online chat / support group; creative / social media design)
 - TYC Intern team worked as facilitators in b/out rooms –essential to success
- Groups 1 + 2: focus on mental health peer / support worker
- Groups 3 + 4: focus on trust in/of digita
 MH resources

Subproject	Sources of data	Туре	
Youth Mental Health Survey	Qualtrics Survey	Quantitative (e.g. Likert scales ratings)+ Qualitative (Categorical+Free text)	
Workshops (preZoom)	QualtricsSurvey	Quantitative (Demographic data) - Qualitative (Categorical Free text)	-
Workshops (session 1)	PollEv	Quantitative (ratings on Pulse survey, Who would you speato re. MH?, MH H/W resources rating)	DATA
Workshops (session 1, 2)	PollEv	Qualitative- Free Text(MH word associations, WHO/Podcast Resources review)	
Workshops (session 2)	Padlet	Qualitative- Free text (deasfor mental healthintervention; +/ of youth support workers, Trust in digital MH resources)	
Workshops (sessions 1,2)	Zoom chats	Qualitative- Text (Pt PMs to Facilitator, Pt to all Pts, Team members between them)	
Workshops (session 1,2)	Zoom recordings	Qualitative- Audio conversations	
Workshops (pos Zoom)	Qualtrics Feedback Survey	Qual+ Quant (Ratings, Free Text)	

Thank you